



COMBAT PEER PRESSURE WITH THE GOLDEN RULE

THIS SEGMENT LOOKS PEER PRESSURE AND SOME OF THE MOTIVATIONS BEHIND IT. THE LIVE GOLDEN TEAM INTERVIEWS THREE STUDENTS WHO SHARE SEVERAL WAYS THAT THEY EXPERIENCE PEER PRESSURE ON A DAILY BASIS. INTERVIEWEES SHARE HOW EASY IT IS TO LOSE MORALS IN A LARGE GROUP AND THE IMPORTANCE OF HAVING BOUNDARIES. THEY ALSO SHARE HOW THE GOLDEN RULE CAN HELP IN COMBATING BULLYING BY USING EMPATHY TO THINK BEFORE SAYING UNKIND THINGS. ADDITIONALLY, THE LIVE GOLDEN TEAM ENCOURAGES EVERYONE TO BE RESPECTFUL AND UPLIFT OTHERS.

Live Golden Class Discussion Outline:

1. Watch Video as a class.
2. Ask Class Discussion Questions.
3. Utilize Civil Discussion practices in class conversation.
 - a. One person speaks at a time.
 - b. Practice kindness, empathy, respect, and civility.
 - c. Don't say anything you wouldn't want said to you.
4. Re-cap student comments and create your own class Live Golden resolve.

Class Discussion Questions:

- o What are some examples of peer pressure?
- o How has peer pressure affected you personally?
- o How can the Golden Rule be used to handle peer pressure, civilly and kindly?

Live Golden Resolve:

As a result of this Live Golden discussion, our class will strive to:
