



THE GOLDEN RULE AND CHANGE

IN THIS VIDEO, LIVE GOLDEN AMBASSADORS AND STUDENTS EXPLORE THEIR EXPERIENCES WITH CHANGE. THEY SHARE SEVERAL FACETS OF BEING SUCCESSFUL DURING CHANGE, INCLUDING OPEN-MINDEDNESS AND GETTING OUT OF OUR COMFORT ZONES. WHILE KEEPING IN MIND THAT CHANGE IS THE ONLY CONSTANT, THEY SHARE MEANINGFUL PERSPECTIVES ABOUT TRANSITIONING FROM HIGH SCHOOL TO COLLEGE AND BEING THE "NEW KID". THEY BELIEVE THE GOLDEN RULE CAN HELP US DEVELOP MEANINGFUL RELATIONS WITH THOSE WHO ARE EXPERIENCING CHANGE.

Live Golden Class Discussion Outline:

1. Watch Video as a class.
2. Ask Class Discussion Questions.
3. Utilize Civil Discussion practices in class conversation.
 - a. One person speaks at a time.
 - b. Practice kindness, empathy, respect, and civility.
 - c. Don't say anything you wouldn't want said to you.
4. Re-cap student comments and create your own class Live Golden resolve.

Class Discussion Questions:

- o How do you deal with change?
- o What advice do you have for students dealing with change?
- o How do you use the Golden Rule to adapt to new environments?

Live Golden Resolve:

As a result of this Live Golden discussion, our class will strive to:
