LIVE GOLDEN LOOKS AT KINDNESS

IN THIS VIDEO TEENS DIVE INTO KINDNESS, ONE OF THE FOUR-PILLARS OF THE GOLDEN RULE. THEY EXPLORE HOW TO UTILIZE KINDNESS IN SOCIAL INTERACTIONS WITH OTHERS. THEY ALSO CONSIDER HOW SOCIAL MEDIA HAS CREATED A "TAKEDOWN CULTURE" MAKING IT HARDER TO PRACTICE KINDNESS, ESPECIALLY WHEN THE FOCUS IS ON PERSONAL IMAGE RATHER THAN EMPATHY AND AN AWARENESS OF OTHERS. THEY WRAP-UP WITH AN INVITATION TO WORK ON ONE ACT OF KINDNESS PER DAY.

Live Golden Class Discussion Outline:

1. Watch Video as a class.
2. Ask Class Discussion Questions.
3. Utilize Civil Discussion practices in class conversation.
    a. One person speaks at a time.
    b. Practice kindness, empathy, respect, and civility.
    c. Don't say anything you wouldn't want said to you.
4. Re-cap student comments and create your own class Live Golden resolve.

Class Discussion Questions:

- How has social media impacted people's ability to act with kindness?
- What are some simple acts of kindness you can practice every day?
- What value does kindness have for you?

Live Golden Resolve:

As a result of this Live Golden discussion, our class will strive to:

_____

(c) 2021, AGREE