



COMBATING DESENSITIZATION USING EMPATHY

IN THIS VIDEO LIVE GOLDEN EXPLORES TEENAGERS BEING OVEREXPOSED TO ISSUES ON SOCIAL MEDIA, CAUSING THEM TO BECOME DESENSITIZED, THEY GUIDE US TO GREATER UNDERSTANDING OF THE IMPORTANCE OF EMPATHY. EMPATHY CAN HELP US INCREASE UNDERSTANDING AND CREATE A MORE WELCOMING ENVIRONMENT. IT'S IMPORTANT TO CONNECT WITH PEOPLE IN DIFFERENT SITUATIONS, PRACTICING MINDFULNESS AND TRYING TO NOT MAKE LIGHT OF HARD SITUATIONS. THEY CONCLUDED THAT BEING MINDFUL OF OTHER PEOPLE'S SITUATIONS AND HOSTING OPEN DIALOGUE, CAN HELP BUILD EMPATHETIC AND SUPPORTIVE CONNECTIONS.

Live Golden Class Discussion Outline:

1. Watch Video as a class.
2. Ask Class Discussion Questions.
3. Utilize Civil Discussion practices in class conversation.
 - a. One person speaks at a time.
 - b. Practice kindness, empathy, respect, and civility.
 - c. Don't say anything you wouldn't want said to you.
4. Re-cap student comments and create your own class Live Golden resolve.

Class Discussion Questions:

- o Why do people become desensitized to prominent issues?
- o What is the importance of empathy and how can it help combat desensitization?
- o What modern day issues have you noticed desensitization towards?

Live Golden Resolve:

As a result of this Live Golden discussion, our class will strive to:
