



LIVE GOLDEN LOOKS AT ADDICTION

THIS VIDEO LOOKS AT THE GROWING CONCERN AROUND ADDICTION TO DRUGS, ALCOHOL, FOOD, SOCIAL MEDIA, ETC... THE LIVE GOLDEN TEAM EXPLORES PREVENTION AND RECOVERY METHODS. INTERVIEWEES DISCUSS HOW ADDICTS CAN BE STIGMATIZED AND DISCUSS HOW THIS IS A HARMFUL POINT OF VIEW. THEY SHARE HOW ADDICTION REQUIRES COMPASSION. ADDITIONALLY, HOW THE GOLDEN RULE CAN ASSIST US WHEN WE ARE PERSONALLY BATTLING ADDICTION OR KNOW SOMEONE WHO IS STRUGGLING WITH AN ADDICTION.

Live Golden Class Discussion Outline:

1. Watch Video as a class.
2. Ask Class Discussion Questions.
3. Utilize Civil Discussion practices in class conversation.
 - a. One person speaks at a time.
 - b. Practice kindness, empathy, respect, and civility.
 - c. Don't say anything you wouldn't want said to you.
4. Re-cap student comments and create your own class Live Golden resolve.

Class Discussion Questions:

- What does addiction look like to you?
- How could our viewpoints of addiction be harmful? Helpful?
- How can the Golden Rule be used to view addictions without placing them in stereotypes?

Live Golden Resolve:

As a result of this Live Golden discussion, our class will strive to:
